

## **Seniors & Families Suggested Measurable Outcomes**

October 8<sup>th</sup> and 15<sup>th</sup>, 2008 meetings

10/22/08

### **HEALTH**

1. # of providers that accept Medical & Medicare... affordability
2. Hospital & ER admissions for seniors 60+
3. Preventing acuteness and exacerbation of chronic conditions
4. Reduce suicide among the elderly
5. *Drugs/alcohol/substance abuse:* (#5 from children's list) Within ten years, the number of seniors abusing drugs/alcohol will decrease from \_\_\_ to \_\_\_ as measured by... *Source: Santa Barbara County Public Health Department*
6. *Access to medical services:* (#6 from children's list) Within ten years, the number of seniors without health insurance will decrease from \_\_\_ to \_\_\_ as measured by... *Source: Santa Barbara County Public Health Department, Current Population Survey, U.S. Census Bureau, CHIS (California Health Interview Survey), Healthy People 2010 – Department of Health and Human Services, FHOP (Family Healthy Outcomes Project)*
7. *Access to dental services:* (#7 from children's list) Within ten years, the number of seniors without dental insurance will decrease from \_\_\_ to \_\_\_ as measured by... *Source: Santa Barbara County Public Health Department, Current Population Survey, U.S. Census Bureau, CHIS (California Health Interview Survey)*
8. *Access to Hearing & Sight Screening:* (#9 from children's list) Within ten years, the percentage of seniors who receive screening will increase from \_\_\_% to \_\_\_% as measured by... *Source: Santa Barbara Public Health Department*
9. *Dental Disease:* (#10 from children's list) Within ten years, the number of seniors with reported dental disease will decrease from \_\_\_% to \_\_\_% as measured by... *Source: Santa Barbara County Public Health Department*
10. Cause of Death – DA Office, especially neglect and suspicious death for seniors 60+
11. Access to facilities for seniors with dementia/health restrictions
12. Increase affordable assisted living from \_\_\_ to \_\_\_ as measured by...
13. Preventive health
14. Increase number of those using existing nutrition programs
15. Number of seniors homebound – spiritual home visitations
16. Make "five wishes" planning
17. Long term care insurance
18. Education re: Medicare and Medical benefits
19. License independent care givers on a local level
20. Increase access to dental services with the result of decreasing dental disease.
21. Increase access to prescribed medication.
22. Increase access to preventative medical services
23. Increase access to medical care with the result of improved health outcomes.
24. Increase access to facilities for people with dementia related conditions or...
25. Increase the number of facilities for people with dementia.
26. Ensure that people have access to good nutrition.
27. Ensure that people eat good nutrition
28. Increase # or capacity of low income assisted living facilities.

## **EDUCATION**

1. Educate Medicare & Medical benefits
2. Understand/rethink how people learn & where
3. How to get access to seniors to educate them
4. Regular senior programming: TV, radio, local internet, local print
5. Number of seniors engaged in education – receiving and giving
6. Number of certification programs: caregivers, etc.
7. Number of attendees to caregiver university
8. Number of classes/hours re: senior topics at schools, Adult Ed, extension.
9. Number of hours locally developed, produced, or used TV programming re: and by seniors
10. 18-24 year olds receiving education re: senior issues
11. # neighborhoods /home based educational sessions
12. Number of organizations and individuals who support senior programs: volunteer hours & FR – which ones included?
13. Number of services/programs available to seniors
14. Educate health service providers re: senior health care needs
15. #/% of gerontologists and other senior specialists
16. #/% of caregivers in education classes/certifications
17. # of seniors serving as instructors or advisors to SBCC Adult Ed and UCSB extension
18. # or seniors serving as mentors
  - a. care giving
  - b. young people (intergenerational) – how to measure?
19. # of neighborhood education meetings designed to reach still independent seniors with expert info
  - c. resources available
  - d. identify at-risk neighbors
  - e. # of people who take on neighborhood health role = # of relationships created
  - f. get to know your neighbors
  - g. grow or bake neighborhood food
20. Increase the #/% caregivers:
  - h. family
  - i. friends
  - j. neighbors
21. CERT disaster preparedness

## **SAFETY**

1. #/% APS referrals
2. Complaints in skilled nursing facilities and assisted living facilities decline
  - a. #/% complaints
  - b. #/% reviews completed
3. Neighborhood infrastructure: sidewalks, mobility, safety navigation (# feet, # curb outs)
4. Fall prevention
  - c. Reduction of recorded falls: home, public
5. Senior self-perception survey results; Senior families/caregiver survey results
6. Financial elder abuse
7. Daily interaction services: enhance independent living; medication help; telephone in person reassurance, heavy housework, and bill paying – how to measure over a 30 day spread?
8. #/% referrals to/by any community service
9. Increase senior self-empowerment
  - a. Strategy: Increase life-line use/services
10. Increase the availability and affordability of at home modifications and accessible equipment (prevention of falls, etc), # of residences served, etc.
11. Increase the availability of accessible, convenient transportation (locations, curbs, etc.)
12. Increase social activities/senior engagement.

## **STABILITY**

1. Reduce financial elder abuse
2. Average age and number of persons living independently
3. Number of people (% of seniors) institutionalized because of inability to pay
4. Number or percentage of participation in neighborhood involvement (e.g. neighborhood watch type)
5. Number of attendees to caregiver respite meetings
6. # attendees to caregiver training to caregiver training
7. RWJ "Aging in Place" neighborhood resource development for seniors & families
8. Number of hours of sponsored "caregiver hours"
9. Licensing locally of public "In-Home Caregivers" e.g. County & Certification - #/%
10. Number or percentage of employers utilizing 65+ workers; number/percentage of 65+ working
11. "Affordable" in home care; help middle-income people
12. Provide affordable counseling to assist attitudes – volunteer model – psychological and social well-being
13. Increase senior participation in social involvement – how to measure?
  - a. Volunteer
  - b. Social work
  - c. Teaching
  - d. Disseminate Info
14. Publicize senior data and results of studies
15. Improve economic security: VITA, EITC, IDA
16. Senior abuse: #/% c/o APS
  - e. Financial
  - f. Physical
  - g. Self neglect
  - h. Emotional
  - i. Business
17. Produce connections to "elder orphans": How to identify now? In 5 years?
18. Improve Medicare and Medical provisions – (Health)
  - j. Education
  - k. Access
19. Responsible medication use – overview, coordination (Health)
20. Increase employment opportunities for seniors