

Seniors & Families

Goals Reference Sheet with Measurable Outcomes

<p>Goal 1: Health of Seniors & Families</p> <p>1.1 Seniors trust and willingly use health services as needed.</p> <p>1.2 Seniors with complex health service needs and their families have access to affordable services locally.</p> <p>1.3 Family care giving assistance is increasingly available (placements, respite services, etc).</p> <p>1.4 Seniors and their families are actively engaged in wellness activities (physical activities, prevention activities, regular check-ups, etc).</p>	<p>Goal 2: Safety of Seniors & Families</p> <p>2.1 The number of seniors who experience falls is decreasing.</p> <p>2.2 The incidence of elder abuse is decreasing.</p> <p>2.3 Seniors are actively engaged in maintaining and improving the quality and safety of their neighborhoods (neighborhood watch, clean-up, etc).</p> <p>2.4 The availability of accessible, affordable, and convenient transportation for seniors is increasing.</p>
<p>Goal 3: Education of Seniors & Families</p> <p>3.1 Educational and certification programs for family and professional caregivers to learn how to better care for seniors is available and accessed.</p> <p>3.2 Seniors are engaged in life-long learning activities (Adult Ed, Extension, Parks & Rec, etc).</p> <p>3.3 Seniors are active as teachers, mentors, and advisors.</p> <p>3.4 Seniors increase their knowledge and access to Medicare, Social Security, etc.</p>	<p>Goal 4: Stability of Seniors & Families</p> <p>4.1 All seniors stay independent and live safely in their homes as long as possible.</p> <p>4.2 Seniors have a sense of purpose and are contributing members of their community (volunteer and social networks, etc).</p> <p>4.3 Family and friends provide needed in-home support and structure.</p> <p>4.4 Seniors have adequate financial resources to meet their basic needs (food, clothing, shelter, etc).</p>